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This information is absolutely Free

## **Psyli-Foam**

Bonded cloth sheets of psyli-foam can be made into liners for hats, vests...anything. In the winter, they provide excellent insulation properties.....inner wear or outer.

This material will deflect and or absorb Microwave energy via the carbon of the charcoal. The polymeric state of this rubber foam is that of super hydro-dynamic dampening. It defragments the acoustical wave coming from the GWEN towers of mind control. This natural polymer foam dissipates that wave and inhibits entry to the middle Ear.

## **Psyli-Foam Recipe**

You will make two components...two Pyrex measuring cups works

### **Part - A**

1/4 c Hydrogen Peroxide  
2 T glycerin (Rosewater & glycerin OK)  
1/4 t cream of tartar  
2 T charcoal powder

1. Combine Hydrogen Peroxide and glycerin in a ceramic bowl or Pyrex measuring cup. Add Cream of Tartar and stir till dissolved. Mix in charcoal powder. Put mixture in small saucepan and heat to 120° F. Do not boil.

## Part – B

2 T Hydrogen Peroxide  
2 T Glycerin  
2 T Psyllium Husk flour  
2 T Bo Peep Ammonia

2. In second bowl, combine Hydrogen Peroxide and Glycerin and mix till blended. Add Psyllium Husk flour and stir, breaking up lumps. Add ammonia and stir in quickly.
3. Combine contents of Part A and Part B in a large mixing bowl. Using a big spoon, stir quickly and continue to whip and stir until the black foam has a glassy appearance. The foam will expand to approximately 300% of its original volume.
4. Dump foam mixture onto a cloth or other surface to form or mold. Cure a day or two at room temperature or bake in the Sun for a couple hours.

Psyli-foam bonds well to fabrics, which could be used as baseball cap liners. Raw edges can be covered with cloth bias tape and sewn into place.

### **Tip for bonding to fabric**

You might want to use a bonding agent I developed (I used to develop bonding agents, one of my Professions) that helps to keep the foam bonded to the fabric. Combine 1/3 c good maple syrup with a rounded 1/4 tsp. of cream of tartar, stir till well blended and 'paint' solution onto surface of two cloths (top and bottom) and let dry. Then when foam mixture ready, pour onto bottom cloth, cover with top cloth and flatten to 1/8" - 1/4" and let cure.

### **Sources for supplies:**

- Psyllium Husks-Organic - The Power Hour-Stock Item
- Charcoal - The Power Hour-Natural, Stock Item (**877-817-98290**)
- Glycerin or Glycerol, Hydrogen Peroxide, Potassium Acid (COT) - drug store or grocery... wherever.

**What I'm teaching via this Recipe:**

Method: A simple method of making natural Bridge-domain polyurethane...using Psyllium Husk gels as the Cellulosic Carbon Donor. Peroxides to cause chain-expansion, Cream of Tartar (Potassium acid) and ammonia to achieve the NCO Bridge...and the ammonia is completely volatile.

Interested in any comments regarding this Recipe.

Dr. Michael Castle.